



**3<sup>rd</sup> Oct 2024 – 21<sup>st</sup> Nov 2024 (Thurs, 7 Weeks)**

# **Attachment-Focussed Parenting/Caregiving**

## **For adopters, foster carers & kinship carers**

This course is aimed at adoptive parents and foster carers of children affected by trauma through adverse childhood experiences. It has attachment theory underpinning all topics.

It is set up for families living in Berkshire or parents/carers of Berks children. There are limited spaces for non-Berks families.

### **Topics include:**

- Impact of trauma on brain & body
- Attachment theory
- Symptoms overlap with ASD/ADHD
- Avoiding and Managing Stress
- Understanding & Managing behaviour
- Life story work & answering difficult questions
- Working effectively with schools
- Secondary trauma to carers

The usual cost of this course is **£250/person**. Thanks to funding from The National Lottery Community Fund, we are able to offer it at a **massively reduced price of £50/person**.

**100% of parents have said they would recommend this course to others.**

***“Facilitators were beyond excellent. There needs to be much more of these most valuable & much needed courses” (Parent)***

---

### **TIME**

10am – 12noon

---

### **DATE**

Thursday mornings

3<sup>rd</sup> Oct to 21<sup>st</sup> Nov 24

No sessions during holidays

---

### **VENUE**

Online

---

### **COST**

£50 per person

---

### **CONTACT TO DISCUSS CONTENT OR BOOK - 07557 102623**

[tas@parentingspecialchildren.co.uk](mailto:tas@parentingspecialchildren.co.uk)

Parenting Special Children are a charity working with families of children and young people with special needs in Berkshire.

[www.parentingspecialchildren.co.uk](http://www.parentingspecialchildren.co.uk)